

## TRAFFORD COUNCIL

**Report to:** Health Scrutiny Committee  
**Date:** 27<sup>th</sup> June 2019  
**Report for:** Information  
**Report of:** Public Health/Partnerships and Communities

### Report Title

An overview of the Health and Wellbeing board structure in Trafford and the Trafford Age Well Plan.

### Summary

This report provides an overview of the three life course boards which report to the Trafford Health and Wellbeing Board: Start Well, Live Well and Age Well Boards, and an update on the Trafford Age Well Plan.

### Recommendation(s)

To note the information in the report.

Contact person for access to background papers and further information:

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### **1. Board Structure**

Health and Wellbeing Boards have been in place across England since 2013, with the goal being to improve health and wellbeing through:

- Improved partnership working
- Development of a shared understanding of local needs via the Joint Strategic Needs Assessment
- Supporting the development of strategies to improve health and wellbeing

The inter-relationships between the Health and Wellbeing Board, life course boards, Public Service Reform Board, Local Care Alliance and Joint Commissioning Board can be viewed at Appendix 1.

The three life course boards report to Trafford's Health and Wellbeing Board and each of the three boards meet on a bi-monthly basis; Star Well, Live Well and Age

Well Boards. Membership of the three life course boards includes representatives from a number of statutory organisations, education facilities and VCSE organisations. The Mental Health Partnership sits alongside the three life course boards. The membership of the three life course boards as at May 2019 can be viewed at Appendix 2, the membership of the Boards is being updated.

Minutes from the three life course board meetings can be found on the Trafford Partnership website: <http://www.traffordpartnership.org/health-and-wellbeing/health-and-wellbeing-board.aspx>

The proposed Health and Wellbeing Strategy for 2019-2025, in order to improve healthy life expectancy and reduce health and wellbeing inequalities includes a focus on:

- Reducing physical inactivity
- Tobacco control
- Reducing harm from alcohol
- Reducing the impact of mental illness
- Improving diet and nutrition
- Reducing poverty
- Tackling climate change
- Clean Air

## **2. Start Well Board**

The remit of the Start Well Board is 0-25 years of age, focusing on maternity, children and young people. The Start Well Board has four strategic priorities:

- Healthy Weight
- Physical Activity
- Improving mental wellbeing and resilience
- School Readiness

The most recent work plan can be viewed at Appendix 3.

## **3. Live Well Board**

The remit of the Live Well Board is 19-64 years of age, focusing on lifestyle and health improvement. The Live Well Board has five strategic priorities:

- Tobacco Control
- Reducing harms from alcohol
- Cancer screening and early diagnosis
- Poverty Reduction
- Social Prescribing

The most recent work plan can be viewed at Appendix 4.

#### **4. Age Well Board**

The remit of the Age Well Board is 65+ years of age, focusing on the impacts of falls, frailty, dementia and end of life care. The Age Well Board has four strategic priorities:

- Age Well Trafford Plan
- Dementia Strategy
- Falls and frailty
- End of life care

The most recent work plan can be viewed at Appendix 5.

#### **5. Mental Health Partnership**

The Mental Health Partnership sits alongside the three life course boards. The Partnership is in the process of developing a Mental Health Strategy for Trafford; the first workshop will take place in July 2019.

Mental Health features in all three life course boards so the Mental Health Partnership must work closely with these boards. We are also in the process of developing a Suicide Prevention Partnership, to develop and deliver our Suicide Prevention Strategy and Action Plan.

#### **6. Age Well Plan for Trafford**

The Age Well Plan for Trafford was developed following Greater Manchester being named as the first age-friendly city region in the UK in March 2018. The Plan was submitted to GMCA in March 2019, and Trafford itself was named as an age-friendly community by the UK Centre for Ageing Better in May 2019.

The Plan draws upon a range of current work streams that encourage active ageing and behaviour change, provide home care and adaptations and reduce social isolation and low employment in the 50+ age range. The Plan is informed by strategies that are, or will be, implemented by the Council including the Housing Strategy, Dementia Strategy and Carers Strategy, public consultation and engagement and an evidence base of external research.

Progress on the Plan will be updated quarterly. The first update, and the original plan can be seen at Appendix 6 and 7.

#### **7. Links to Greater Manchester**

Trafford is fully engaged in the Greater Manchester work programmes. These include the programmes linked to the Population Health Plan such as tobacco

control, Early Years, School Readiness as well as broad workstreams such as Ageing Well, Frailty, and Dementia United. Our Age Well Plan is linked to the GM Ageing Well strategy. Members of the Trafford Public Health team provide leadership to a number of GM programmes: for example, Trafford's Director of Public Health is the GM DPH lead for Ageing, and the Deputy Director of Public Health provides consultant level support to the GM Domestic Abuse programme.

## **8. Further Information**

Further information on specific work streams detailed above can be provided for future Health Scrutiny Committee meetings as requested.